

April 2022

Curious About Fillers?

What are fillers?

Fillers are cosmetic products used to correct volume loss in cosmetically-sensitive areas such as the face. Aspire is proud to offer the full line of Restylane-brand fillers, including their newest offering, Contour.



What are fillers made of?

While there are different types of filler products currently available, the majority of fillers such as Restylane are composed of hyaluronic acid, or HA. HA is a substance made naturally in the body but, over time, the breakdown of HA outpaces its production. This leads to associated volume loss.

What are some common areas fillers are used to treat?

Common areas of treatment include the cheekbones, the skin folds around the nose ("smile lines"), vertical lines next to the mouth ("marionette lines"), fine lines above and below the lips, and the lips themselves. Other areas include the tear trough, chin, and angle of the jaw.

How long do fillers last for?

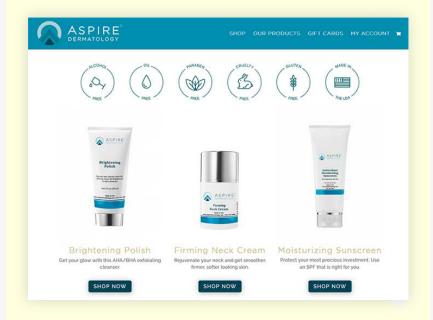
Hyaluronic acid fillers such as Restylane should last for 12 to 18 months. Treatment areas of high movement such as the lips tend not to last as long as treatment areas of low movement, such as the cheekbones.



Matthew Willett, MD

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How are fillers administered?

Filler treatments can occur using either a needle or a cannula. A cannula is a flexible introducer used to fan filler underneath the skin, and is commonly used to treat areas such as the nasolabial folds or tear troughs. A needle technique is used for precise placement of filler into fine lines, such as those above and below the lips.



Does the treatment hurt?

Filler treatments are generally well-tolerated and require only topical numbing agents. A topical numbing agent will be prescribed for you to apply approximately 1 hour prior to treatment. During the treatment, distraction devices and other relaxation techniques will be used to make the treatment as painless as possible.

Are there any side effects?



The most common side effect of filler treatment is bruising at the injection site which, should it occur, will heal quickly and is generally amenable to cover-up cosmetics. The treatment area may feel swollen for 24 to 48 hours, and vigorous exercise should be avoided for the first 48 hours after treatment. Other uncommon side effects will be discussed during your initial consultation.

I'm excited! What is the next step?

Schedule a consultation with a provider today. During your consultation, your provider will discuss different filler types and treatment techniques to help you achieve your cosmetic goals.

Call 401.239.1800 to schedule your consultation



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Please be patient and kind with our staff as we are transitioning to a new system to better serve you.

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WARREN OFFICE 851 Main Street, Warren, RI 02885
WARWICK OFFICE 618 Toll Gate Road, Warwick, RI 02886

TIVERTON OFFICE 67 William S. Canning Blvd., Tiverton, RI 02878

JOHNSTON OFFICE 1524 Atwood Avenue, Suite 321, Johnston, RI 02919

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