



ASPIRE[®]
DERMATOLOGY



What is Rosacea?

Rosacea is a common, chronic skin condition that primarily affects the face, causing redness, visible blood vessels, and, in some cases, small, pus-filled bumps. While it can affect anyone, it is most commonly seen in adults over the age of 30 with fair skin. The condition often flares up in cycles, with periods of worsening symptoms followed by periods of remission. Although the exact cause of rosacea is not fully understood, it is believed to result from a combination of genetic and environmental factors. Triggers such as sun exposure, stress, spicy foods, alcohol, and extreme temperatures can exacerbate symptoms, making it important for patients to identify and avoid their specific triggers.



Signs of Rosacea

Rosacea can present in several ways, and symptoms often vary from person to person. Common signs include persistent facial redness, visible blood vessels, and a tendency to blush or flush more easily than others. Some individuals may also experience acne-like bumps, thickened skin, or irritation around the eyes, a condition known as ocular rosacea. If left untreated, rosacea can worsen over time, leading to more pronounced symptoms and potential complications. Early diagnosis and treatment are key to managing the condition and preventing it from progressing. If you're experiencing symptoms of rosacea, don't wait to seek professional care. At Aspire Dermatology, we're here to help you take control of your skin and regain your confidence.

Treatment

At Aspire Dermatology, we take a comprehensive approach to treating rosacea, tailoring each treatment plan to the unique needs of our patients. During your visit, our team will perform a thorough evaluation to determine the severity of your condition and identify potential triggers. Treatment for rosacea often involves a combination of lifestyle modifications, topical medications, and oral therapies to reduce inflammation and control symptoms. For patients with visible blood vessels or persistent redness, advanced treatments such as laser therapy may be recommended to improve the appearance of the skin. Aspire Dermatology is committed to providing compassionate, evidence-based care to help you achieve the best possible results.

At Aspire Dermatology we understand how challenging it can be to manage rosacea. This chronic skin condition often affects both appearance and confidence, but with the right care, it can be effectively controlled.

Aspire Dermatology provides personalized treatment plans to help patients achieve clearer, healthier skin.

