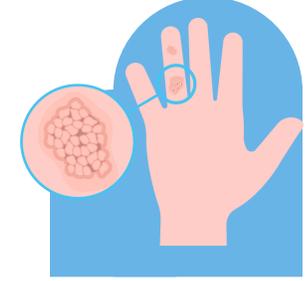
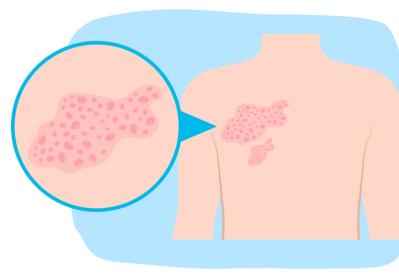


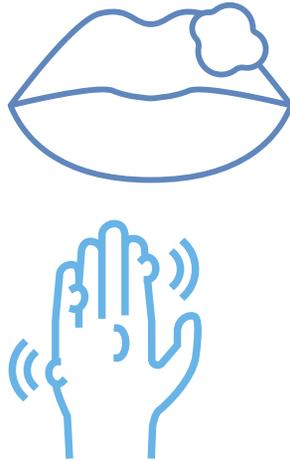


ASPIRE[®]
DERMATOLOGY



What is a Wart?

Warts are common skin growths that develop when a virus infects the top layer of the skin. They often show up on the hands, feet, or face, and while they are not dangerous, they can be irritating, spread easily, and sometimes cause daily discomfort depending on where they appear.



Types of Warts

Common warts tend to make their way onto the fingers or hands and are rough in texture. Plantar warts develop on the soles of the feet and are painful to walk on. Flat warts are small and smooth, usually appearing in clusters on the face or legs. Filiform warts are long and thin, and usually appear around the mouth, nose, or chin. Determining the type of wart is critical in deciding on the optimal treatment strategy. Warts can affect anyone at any age; At Aspire Dermatology we do treat anyone 3 years of age and up!

How Dermatologists Treat Warts

Though some warts will resolve spontaneously over time, professional treatment ensures faster, safer, and more effective outcomes. Our team at Aspire Dermatology offers a variety of treatment options based on where and what kind of wart it is. Options may involve dissolving the growth over time using topical creams or cryotherapy to freeze and eliminate the infected tissue. There are some cases where minor surgery might be suggested to carry out on persistent or stubborn warts. Each treatment regimen is designed to remove the wart with minimal pain and risk of transmitting the virus.



If you are dealing with warts Aspire Dermatology is here to help. Our team offers advanced and compassionate care for all types of warts. Call today or [click here](#) to schedule your consultation online and take the first step toward healthy, clear skin.

Preventing Warts and Protecting Your Skin

Because warts are caused by a virus, prevention is an important part of care. Dermatologists recommend avoiding direct contact with warts, keeping skin clean and moisturized, and wearing footwear in public areas like pools or locker rooms. If you are prone to warts, professional guidance and early treatment can help reduce the risk of recurrence and protect your overall skin health.

